



Ambition, Altruism, Achievement

Incorporating: Codsall Community High School, Bilbrook CE Middle School & Perton Middle School
Executive Headteacher: Mr A Harding BA (Hons) NPQH



World Mental Health Day Wednesday 11th October

Dear Parents and Carers,

Next week, on the 10th October, it is World Mental Health Day. Our mental health and wellbeing provision in school permeates our curriculum and daily routines, but it is something that we also support with counselling, mentoring and our ARC (Accept, Respect, Celebrate) club in school.

To mark this occasion, we will be raising awareness of this year's theme that *mental health is a universal human right* during form times and will have a non-uniform day, with the proceeds being used to purchase wellbeing resources for the school. The **non-uniform day will be on the 11th October** as we have a large number of students attending an opera at the Royal Opera House in London on the 10th and we don't want them to miss out.

If students wish to participate, they should wear something comfortable and school appropriate. Donations of £1 can be made by Parent Pay.

We thank you in advance for your support.

Michelle Burrington
Acting Headteacher

Codsall Community High School

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